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**8 February 2013** **The Weekly Bulletin of Rotary Club of Kathmandu Mid-Town** **Bc-8.2/012-13**

**District : 3292 Web: www.rotarymidtown.org.np Club Id : 26776**

**FEBRUARY IS WORLD UNDERSTANDING MONTH**

Advancing world understanding and peace, which is expressed in the fourth part of the Object of Rotary, is an important focus of Rotarian service. It is the impetus for numerous service efforts and other cooperative ventures among Rotarians from different parts of the world. It is the reason Rotary International has a long-standing, close collaboration with the United Nations and many of its member agencies. Appropriately, every year the anniversary of the founding of Rotary, 23 February, is celebrated as World Understanding and Peace Day.

Friday, 25 January:



Guest Speaker, MS Radha Poudel, Founder of and Managing

Director in Action Works Nepal, talked on how she took a 'U' turn

on her profession from government employee (nurse) to social

worker. She presented a brief video clip showing her works for

helping women for social upliftment, particularly in Karnali zone.

In the picture, VP Govind Chipalu, officiating President, handing

over a certificate of appreciation to Guest Speaker Radha Poudel.

# Weekly Meetings and Programs :

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| Date | Program/Speaker | Program/Topics of Presentation |
| 1 Feb 2013 | Rajju Malla Dhakal | Gender equality and issues |
| 8 Feb 2013 |  |  |

Friday, 18

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*courtesy:* *PE Saroj Shrestha*

THE ART OF GIVIN:

Rivers do not drink their own water, nor do trees eat their own fruit, nor do rain clouds eat the grains reared by them. Is the wealth of the noble used solely for the benefit of others? Even after accepting that giving is good and that one must learn to give, several questions need to be answered.

The first question is 'when should one give'? Yudhisthir asks a beggar seeking alms to come the next day. On this, Bhim rejoices, that Yudhisthir his brother, has conquered death ! For he is sure that he will be around tomorrow to give. Yudhisthir gets the message. One does not know really whether one will be there tomorrow to give! The time to give therefore is NOW.

The next question is 'how much to give'? One recalls the famous incident from history. Rana Pratap was reeling after defeat from the Moghals. He had lost his army , he had lost his wealth , and most important he had lost hope, his will to fight. At that time in his darkest hour , his erstwhile minister Bhamasha came seeking him and placed his entire fortune at the disposal of Rana Pratap. With this, Rana Pratap raised an army and lived to fight another day. The answer to this question how much to give is " Give as much as you can!

The next question is 'what to give'? It is not only money that can be given. It could be a flower or even a smile. It is not how much one gives but how one gives that really matters. When you give a smile to a stranger that may be the only good thing received by him in days and weeks ! "You can give anything but you must give with your heart !

One also needs answer to this question 'whom to give'? Many times we avoid giving by finding fault with the person who is seeking. However, being judgmental and rejecting a person on the presumption that he may not be the most deserving is not justified. "Give without being judgmental!"

Next we have to answer 'How to give'? Coming to the manner of giving, one has to ensure that the receiver does not feel humiliated, nor the giver feels proud by giving. 'Let not your left hand know what your right hand gives', said Jesus Christ. Charity without publicity and fanfare, is the highest form of charity. 'Give quietly' ! While giving let not the recipient feel small or humiliated. After all what we give never really belonged to us. We come to this world with nothing and will go with nothing. The thing gifted was only with us for a temporary period. Why then take pride in giving away something which really did not belong to us ? Give with grace and with a feeling of gratitude.

What should one feel after giving ? We all know the story of Eklavya. When Dronacharya asked him for his right thumb as 'Guru-dakshina'. He unhesitatingly cut off the thumb and gave it to Dronacharya. There is a little known sequel to this story.. Eklavya was asked whether he ever regretted the act of giving away his thumb when he was dying. His reply was "Yes ! I regretted this only once in my life. It was when Pandavas were coming in to kill Dronacharya who was broken-hearted on the false news of death of his son Ashwathama, and had stopped fighting. It was then that I regretted the loss of my thumb. If the thumb was there, no one could have dared hurt my Guru" The message to us is clear. Give and never regret giving !

And the last question is' How much should we provide for our heirs' ? Ask yourself , 'Are we taking away from them the 'gift of work - a source of happiness'? The answer is given by Warren Buffett: "Leave your kids enough to do anything, but not enough to do nothing!"

*Courtesy: Rtn Hari Om Shrestha*

**Brush up on a few Portuguese words for the 2013 RI Convention in Lisbon**

Rotarians who attend the 2013 RI Convention in Lisbon, 23-26 June, will likely meet Portuguese speakers with a variety of accents, from Angola to Brazil to Macau to Mozambique.

In tourist areas, you will also find it easy to communicate in English, but if you can speak a bit of the local language, you’ll better appreciate Lisbon and all it has to offer. Here’s a primer to get you started.

**Hello!** *Olá!*

**Pleased to meet you.** *Muito prazer*

**Good morning/afternoon/evening!** *Bom dia/Boa tarde/Boa noite!*

**Please.** *Por favor*

**Thank you.** *Obrigado* (women say *obrigada*).

**My name is …** *O meu nome é …* or *Chamo-me …*

**I don’t speak Portuguese. Do you speak English?** *Desculpe, não falo português. Fala inglês?*

**I don’t understand.** *Não entendo*

**Excuse me, where is … ?** *Desculpe, onde fica … ?*

**Goodbye!** *Adeus!*

**See you soon!** *Até logo!*

*Source:*Rotary International News

**RLI Training – Message from the Chair, RLI Nepal Division :**

RLI Nepal Division is organizing RLI training Part I, II and III, a three days graduate course  in Kathmandu from February 8, 9 & 10, 2013, Participants can have either Part 1 only or part II & III, but participants who want to join in part II and III must have completed Part I. The Rotarians completing the Graduate Course are awarded with a Certificate and a special RLI Pin.

The Rotary Leadership Institute (RLI) is a joint venture of Rotary Clubs all over the world offering training programs to Rotarians by developing unique technique of presentation and assisting in improving the Rotary knowledge and leadership skills among the Rotarians. It is hoped that the education and training provided by the RLI will motivate the participants to be enthusiastic, creative and dedicated Rotarians.

Rotarians requiring any assistance may contact PP Prafulla Man Pradhan at Mobile # 9851088522 email: [pradhan.prafulla@gmail.com](mailto:pradhan.prafulla@gmail.com).  As there will be limited seats timely information of participation to Rtn. Prafulla Man will be appreciated.

*courtesy: Rtn Buddha Laishram, Club Secretary*



Service Above Self reminds us that none of us can live for ourselves alone. A life lived in

isolation is empty and without joy. But when we live for others — when we focus on our role

within our family, our community, and all humanity — then we begin to realize our own place

in the world.

**RI President Sakuji Tanaka**

**Committee Chairpersons' Column:**

collaborative service in Rotary’s areas of focus. The deadline for nominations is **1 February**

*courtesy:* *Dr Lekha Tuladhar, Chairperson, New Generations Committee*

**Past Presidents' Column:**

**?????**

**Club Members' Corner:**

*rr@gmail.com*

On Lighter Side :

Click here ⇩

A thought for the day:

**Never play with the feelings of others**

**because**

**you may win the game but**

**the risk is that you will surely lose the person for life time.**

Great quotes:

***SILENCE is the best answer for all questions;***

***Similarly,***

***SMILE is the best reaction in all situations !***

Puzzle:

If a2 = b2+c2; b2 = (a + c)(a - c); c2 = a + b; and a+b+c = 12

find the value of a, b, and c.

Last week puzzle solution: What comes next in the series: 3, 7, 16, 35, …. ? (74)

NB: Send any informations/photos that may be of interest to the Club or Rotarians in general to

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